When the night sitter arrives

- The night sitter must always show their name badge when they arrive and wear a uniform.
- The night sitter will ask if you have any likes or dislikes.
- Show the night sitter where the bathroom is and where they can wash their hands.
- The night sitter will contact the night nursing service to say they have arrived at your home.

They will use their mobile phone but there may be times when they ask to use your phone.

People who access our services are welcome to talk to the Team Manager if they are experiencing any problems with their care.

Contacting you

We will telephone you or we will write you a letter to make the appointment.
Things to have ready

Your care plan

Clean bed linen and clothes for you

Any equipment that has been left by the district nurse to help with moving you.

The night sitter cannot give you your medication.
The night sitter can let you know when it is time to take your medication and help you to take it.

What we need you to do

Please do not smoke when the night sitter is at your home.

Suitable heating is also good, especially during the colder months and at night.

What is the night sitting service?

The night sitting service helps you with the care and support you need to stay safely in your own home.

There are a few things you can do to get ready for the night sitter coming.

Things to do before the night sitter visits

The night sitter needs to be able to see and hear you.
The night sitter needs to sit in your bedroom with you or in another room with a baby monitor.

The night sitter will need a light in your room so they can see you.

You do not have to give food to the night sitter. They would like to be able to make a hot drink during the visit.

The night sitter will need a comfortable chair.