

Further information

If you need further information about advance statements or help or advice please contact

- Your community health practitioner
- Patient Advice and Liaison Service Officer (PALS)
- Tel: 01244 364217

People who access our services are welcome to talk to the Team Manager if they are experiencing any problems with their care.

<p>If you require translation services or a copy of this document in other languages, audio tape, Braille or larger print, please speak to a member of CWP staff, e-mail info@cwps.nhs.uk or write to: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>যদি আপনার ট্রান্সলেশন সার্ভিসের বা এই দলিলের কপি অন্য ভাষায়, অডিও টেপে, ব্রেইল বা বড় ছাপায় দরকার হয় তবে অনুগ্রহ করে সিডব্লিউপি এর স্টাফদের সাথে কথা বলুন, ইমেইল করার ঠিকানা info@cwps.nhs.uk বা কমিউনিকেশন, চেশায়ার ও উইরাল পার্টনারশীপ এনএইচএস ফাউন্ডেশন ট্রাস্ট, আপটন লী, কাউন্টেস অফ চেস্টার হেলথ পার্ক, লিভারপুল রোড, চেস্টার, সিএইচ২ ১ বিকিউ ঠিকানায় লিখুন।</p>
<p>如果您需要翻譯服務或想索取這份文件的其他語文、錄音帶、凸字或大字體版本，請向我們的職員查詢。您亦可以寄電郵至 info@cwps.nhs.uk 或寄信到 Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>જો તમારે ભાષાંતર સેવાઓ અથવા આ દસ્તાવેજની કોઈ ભાષાઓમાં નકલ, ઓડિયો ટેપ, બ્રેઇલ અથવા વિદ્યાર્થ કદની છપાઈની જરૂર હોય, તો કૃપા કરીને સીડબ્લ્યુપી (CWP) ના કર્મચારીઓ સાથે વાત કરો, ઈમેલ કરો: info@cwps.nhs.uk અથવા આ સરનામે લખો: Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>यदि आपको अनुवाद सेवाएं या इस दस्तावेज की अन्य भाषाओं में नकल, ऑडियो टेप, ब्रेइल लीपि या विशाल आकार में छपाई की आवश्यकता हो, तब कृपया सीडब्ल्यूपी (CWP) कर्मचारीयों के साथ बात किजीये, या ईमेल किजीये: info@cwps.nhs.uk या इस पते पर लिखिये: Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>Jeśli wymagane jest tłumaczenie lub kopia niniejszego dokumentu w innych językach, na taśmie magnetofonowej, w języku Braille'a lub dużym drukiem, prosimy o skontaktowanie się z członkiem personelu CWP (Organizacja partnerska krajowego systemu zdrowia regionów Cheshire i Wirral) lub przez pocztę elektroniczną: info@cwps.nhs.uk lub na adres: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>Os oes arnoch angen gwasanaeth cyfiethu neu gopi o'r ddogfen hon mewn ieithoedd eraill, tâp sain, Braille neu brint mawr, siaradwch ag aelod o staff CWP, e-bost info@cwps.nhs.uk neu ysgrifennwch i: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>

Feedback

We welcome any suggestions you have, please send your **comments, concerns, complaints and compliments** to: Cheshire & Wirral Partnership NHS Foundation Trust, **PALS, Complaints and Claims Team**, 1829 Building, Liverpool Road, Chester, CH2 1HJ.

For more information see www.cwps.nhs.uk

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Cheshire and Wirral Partnership **NHS**
NHS Foundation Trust

Guidelines on completing an advance statement

Advance Statements

What I would like to happen if I become unwell?

Information for service users

Care • Well-being • Partnership

What is an advance statement?

An **advance statement** is a statement made when you are well of how you would wish to be treated if you were to suffer an episode of mental illness.

What happens once I've completed an advance statement?

When you have completed an advance statement your doctor / care-coordinator or any other mental health professional involved in your care will be obliged to take what you have written seriously.

This statement should be discussed with anyone you mention in the document, especially those required to implement your arrangements, and needs to be agreed by all.

Who can make an advance statement?

Anyone at any time can make an advance statement as long as they are well. It can be completed on your own or, with the help of a friend or professional person, including the Citizens Advice (CAB), Welfare Rights and MIND.

What information does an advance statement include?

Advance statements are made up of three parts:

Part one

This is the medical advance statement relating to your medical care.

Part two

This is about your personal and home life. These could all be discussed with a friend, relative, advocate or care co-ordinator.

Part three

This is about the involvement of the person you nominate as your main carer.

Guidance for completing an advance statement

- Not all sections need to be completed – just those **you** wish to complete.
- An advance statement is very important and personal.
- You cannot insist on receiving certain treatments, but can express your opinion about treatment.
- If you change your mind about any of the contents of your advance statement, it can be updated at any time.

Who should I give my advance statement to?

When you have completed your advance statement, it would be advisable to give a copy to:

- Your GP
- A friend, relative or advocate
- Your care co-ordinator or other mental health worker involved in your care (This is to ensure that should you become unwell those providing your care are aware of your wishes).
- You should also keep a copy for yourself.