

Information about Olanzapine

This is an easy way to
say...Oh...lanz...a..peen



What is Olanzapine?



Olanzapine is a medication that will help if you have

- Psychosis
- Schizophrenia
- Bipolar mood disorder
- Mania

Olanzapine can be used as **off label** to help people with
behaviour problems.

We have a leaflet which tells you what **off label** means.

Olanzapine can sometimes be called a different name
like **Zyprexa and Zyprexa Velotabs.**

Olanzapine is usually taken as tablets.

Where do I get Olanzapine?



You can only get this medication with a prescription.

The doctor or consultant

- Will ask you questions about your health
- May also check your blood pressure
- Will ask you if you are taking other medication



How do I take Olanzapine?



The doctor will talk to you about how much Olanzapine you need to take.

The doctor will tell you how to take your Olanzapine. You need to take Olanzapine for some time so that it works best.



You will usually take Olanzapine in the evening. Sometimes you may need to take Olanzapine in the morning and in the evening.



If you forget to take your medication you should tell your carer and ask your doctor for advice.



You should not stop taking your medication suddenly as this could make you feel unwell.

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What is good about Olanzapine?



Olanzapine can help reduce psychosis, schizophrenia, mania and low mood.

Olanzapine can help you get better quicker.



Olanzapine can help you stop wanting to hurt yourself or others.

Olanzapine also helps you to calm down when you are very angry or tense.



What is not good about Olanzapine?



There are some health problems that people can get when they take Olanzapine.

These problems are called **side effects** but not everyone gets them.

- Feeling tired
- Feel hungry and putting on weight
- Have constipation
- Problems with low blood pressure
- Feel thirsty

You should eat a healthy diet and drink more water or fruit juice.

Usually these side effects go away after a few weeks

You will need to speak to your doctor if you

- Have a rash on your skin
- Develop Diabetes
- Feel your heart going faster
- Feel stiff
- Stop smoking
- Feel unwell

What other things do I need to talk to the doctor about?



You should talk to your doctor if

- You are worried about your medication.
- You want to know how much alcohol is safe to drink when taking medication.
- You are planning to have a baby.

The information in this easy read leaflet should always be discussed with the service user and it should not be provided without support.

The full information sheet about Olanzapine medication should also be given to the service user, carers and staff.

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