

Information about Procyclidine

This is an easy way to say...Pro...cik...la...deen



Procyclidine is a medication that will help if you have problems with Parkinson's disease.

It is also used to help people who feel stiff or your muscles shake.

Procyclidine can sometimes be called different names like **Kemadrin and Arpicolin.**

Procyclidine can be taken as tablets or liquid medicine.

What is Procyclidine?

Where do I get Procyclidine?



You can only get this medication with a prescription.

The doctor or consultant

- Will ask you questions about your health
- May also check your blood pressure
- Will ask you if you are taking other medication

How do I take Procyclidine?



The doctor will talk to you about how much Procyclidine you need to take.



The doctor will tell you how to take your Procyclidine.



Procyclidine can be taken up to three times a day.

Do not take procyclidine before bed time, it might keep you awake.

If you forget to take your medication you must tell your carer and ask your doctor for advice.



What is good about Procyclidine?



Procyclidine can help reduce problems with Parkinson's disease.

Procyclidine can help you get better quicker if you feel stiff or your muscles shake.



What is not good about Procyclidine?



There are some health problems that people can get when they take Procyclidine.

These problems are called **side effects** but not everyone gets them.



- Constipation
- Feeling thirsty
- Problems with your eyes
- Feeling sick



You should eat a healthy diet and drink more water or fruit juice.

You will need to speak to your doctor if you:

- Have a rash on your skin
- Feel dizzy
- Feel confused
- Not able to have a wee
- Feel unwell

What other things do I need to talk to the doctor about?



You should talk to your doctor if

- You are worried about your medication
- You want to know how much alcohol is safe to drink when taking medication
- You are planning to have a baby

The information in this easy read leaflet should always be discussed with the service user and it should not be provided without support.

The full information sheet about Procyclidine medication should also be given to the service user, carers and staff.

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