

## Smoking

Smoking is not permitted on any hospital site. The Trust operates a strict no-smoking policy. Nicotine replacement therapy and advice for smoking cessation is available for all patients.

## Your rights

Your legal rights under the Mental Health Act will be explained to you by a member of ward staff. Leaflets are available to further explain this from staff or on our website at [www.cwp.nhs.uk](http://www.cwp.nhs.uk)

## Contact details

Springview Mental Health Unit  
Clatterbridge General Hospital,  
Clatterbridge Road,  
Bebington,  
Wirral,  
CH63 4JY

**Switchboard:** 0151 334 4000  
**Direct line:** 0151 343 5530

**People who access our services are welcome to talk to the Team Manager if they are experiencing any problems with their care.**

If you require translation services or a copy of this document in other languages, audio tape, Braille or larger print, please speak to a member of CWP staff, e-mail <a href="mailto:info@cwp.nhs.uk">info@cwp.nhs.uk</a> or write to: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.
যদি আপনার ট্রান্সলেশন সার্ভিসের বা এই দলিলের কপি অন্য ভাষায়, অডিও টেপে, ব্রেইল বা বড় ছাপায় দরকার হয় তবে অনুগ্রহ করে সিডব্লিউপি এর স্টাফদের সাথে কথা বলুন, ইমেইল করার ঠিকানা <a href="mailto:info@cwp.nhs.uk">info@cwp.nhs.uk</a> বা কমিউনিকেশন, চেশায়ার ও উইরাল পার্টনারশীপ এনএইচএস ফাউন্ডেশন ট্রাস্ট, আপটন লী, কাউন্টেস অফ চেস্টার হেলথ পার্ক, লিভারপুল রোড, চেস্টার, সিএইচ২ ১ বিকিউ ঠিকানায় লিখুন।
如果您需要翻譯服務或想索取這份文件的其他語文、錄音帶、凸字或大字體版本，請向我們的職員查詢。您亦可以寄電郵至 <a href="mailto:info@cwp.nhs.uk">info@cwp.nhs.uk</a> 或寄信到 Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.
જો તમારે ભાષાંતર સેવાઓ અથવા આ દસ્તાવેજની બીજી ભાષાઓમાં નકલ, ઓડિયો ટેપ, બ્રેઇલ અથવા વિશાળ કદની છપાઈની જરૂર હોય, તો કૃપા કરીને સીડબ્લ્યુપી (CWP) ના કર્મચારીઓ સાથે વાત કરો, ઇમેઇલ કરો: <a href="mailto:info@cwp.nhs.uk">info@cwp.nhs.uk</a> અથવા આ સરનામે લખો: Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.
यदि आपको अनुवाद सेवाएं या इस दस्तावेज की अन्य भाषाओं में नकल, ऑडियो टेप, ब्रेइल लिपि या विशाल आकार में छपाई की आवश्यकता हो, तब कृपया सीडब्ल्यूपी (CWP) कर्मचारीयों के साथ बात कीजिये, या ईमेल कीजिये: <a href="mailto:info@cwp.nhs.uk">info@cwp.nhs.uk</a> या इस पते पर लिखिये: Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.
Jeśli wymagane jest tłumaczenie lub kopia niniejszego dokumentu w innych językach, na taśmie magnetofonowej, w języku Braille'a lub dużym drukiem, prosimy o skontaktowanie się z członkiem personelu CWP (Organizacja partnerska krajowego systemu zdrowia regionów Cheshire i Wirral) lub przez pocztę elektroniczną: <a href="mailto:info@cwp.nhs.uk">info@cwp.nhs.uk</a> lub na adres: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.
Os oes arnoch angen gwasanaeth cyfiethu neu gopi o'r ddogfen hon mewn ieithoedd eraill, tâp sain, Braille neu brint mawr, siaradwch ag aelod o staff CWP, e-bost <a href="mailto:info@cwp.nhs.uk">info@cwp.nhs.uk</a> neu ysgrifennwch i: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.

## Feedback

We welcome any suggestions you have, please send your **comments, concerns, complaints and compliments** to: **The PALS, Complaints & Incidents Team**, Trust Headquarters Redesmere, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.

For more information see [www.cwp.nhs.uk](http://www.cwp.nhs.uk)

© CWP NHS Foundation Trust

The information in the leaflet was valid at the date of production **June 2016** and is due for review in **June 2018**.

Leaflet code: A-WTL-16-711



Cheshire and Wirral Partnership NHS Foundation Trust

Welcome to Lakefield

Information leaflet for Lakefield at Springview Mental Health Unit

Care • Well-being • Partnership

## Introduction

Lakefield is a 20 bedded unit that offers specialist assessment and treatment for adults who experience mental health problems.

## Admission

On admission, a full medical examination is carried out to ensure that there are no underlying physical health problems.

A person-centred care plan will be developed to meet your needs in collaboration with you and your relative if you wish. This will be reviewed regularly.

## Who is in the team?

The Lakefield team consists of:

- Consultants
- Medical staff
- Nursing staff/Clinical Support Workers
- Occupational Therapy staff
- Pharmacy staff

Access to other professional bodies is available, such as:

- Podiatry
- Physiotherapy
- Dietetics

## Medication

All medication will be prescribed by the ward doctor. Please do not bring in any non-prescribed medication. The taking of any illicit drugs or alcohol is not permitted on Trust premises.

## Mealtimes

8.00am	Breakfast
12 noon	Lunch
5.00pm	Dinner
8.30pm	Supper

## Dietary requirements

Please notify staff if you have any known food allergies or specific nutritional needs.

## Visiting times

2:00 – 5:00pm and  
5.30 – 8pm

If you are unable to visit during these times, please discuss with ward staff.

Please note that there are legal requirements regarding children visiting. A request should be made to staff prior to children visiting the ward to allow for any necessary arrangements to be made.

## Personal care

There are some laundry facilities available on the ward for patients who do not have family members able to do this for them.

Please note that the ward does not provide toiletries. Relatives / carers are asked to provide sufficient toiletries for your relatives needs.

## Cash and valuables

Please note that we cannot be held responsible for any cash and / or valuables that are not handed in for safekeeping. Valuables can be safely stored in the patients' bank.

## Entering the ward

Please remember that the unit is a safe environment. When visiting, please ring the bell and a member of staff will assist you.

## Same Sex Accommodation

CWP is committed to providing patients with same-sex accommodation to safeguard their privacy and dignity when people are often at their most vulnerable in hospital. This means providing a same-sex sleeping area, bathroom and toilet facilities.

## Confidentiality

All information shared will be treated in accordance with the data protection act and may also be passed on to other professionals within the care team. All information provided will remain confidential.

## Advocacy and support

The Trust offers a Patient Advice and Liaison service, which is a confidential service for patients and carers.

**PALS:** 0800 195 4462

Advocacy services are also available.