



## INTRODUCTION

### What does it mean when a staff member suggests I see a member of the Alcohol Liaison Service?

Everyone who attends hospital as a patient is asked about their alcohol use. Patients are offered a referral to our team when they indicate they may be drinking above the recommended levels made by the government.

## THE SERVICE

Alcohol Liaison is a specialty which provides comprehensive alcohol assessment and recovery options to patients attending general hospitals, whether they attend out patient clinics, accident & emergency departments or are admitted to in-patient wards.

Our aim is to support patients to address their alcohol use and to reduce the amount of alcohol related attendances to the general hospital.

We are a friendly team with a non-judgemental attitude, made up of professionals with a wide range of experience in the field of substance misuse

## CONFIDENTIALITY

Information held by the service is treated in accordance with Cheshire and Wirral partnership NHS foundation trust confidentiality policy. [www.cwp.nhs.uk](http://www.cwp.nhs.uk). Please ask for more details if you would find this helpful.

## WHAT WE DO

- Offer you a detailed assessment of your alcohol use, social needs and treatment goals. You may bring a carer or relative with you if you wish
- Time is provided to discuss your problems with a specialised alcohol practitioner.
- This professional will want to spend time listening to your difficulties and ask you about your emotional and physical health, family and home circumstances and your past.
- With this professional, you will work through what further help you may need. This may mean referring you to a specialist community team
- This person will let your GP know of the plan.

## FACTS

- More than one in ten visits to accident and emergency (A&E) departments are because of alcohol related illness or injury. There were 1,008,850 hospital admissions related to alcohol between 2012-2013
- We have hundreds of referrals to our service every year and support a large amount of people in achieving their goals
- Alcohol now cost the NHS £3.5bn per year

## HELPFUL NUMBERS AND WEBSITES:

### Samaritans

For those experiencing despair, distress or suicidal feelings  
08457909090  
[www.samaritans.org](http://www.samaritans.org)

### MIND

08457660163  
[www.mind.org.uk](http://www.mind.org.uk)

### Turning Point (Community Drug and Alcohol Service)

Chester: 01244409418  
Ellesmere Port: 01513506500

### Citizen's Advice Bureau

0844 8269690  
[www.cwcab.org.uk](http://www.cwcab.org.uk)

### Relate, the relationship people

03001001234  
[www.relate.org.uk](http://www.relate.org.uk)

### FRANK

Confidential drugs information and advice 24 hrs a day  
0800776600  
[www.talktofrank.co.uk](http://www.talktofrank.co.uk)

### Drinkline National Alcohol Helpline

Confidential alcohol counselling and information service  
08009178282

### Age Concern

0800 00 99 66  
[www.ageconcern.org.uk](http://www.ageconcern.org.uk)  
You have a right to be treated with respect and dignity whatever your reason for coming to hospital

## BEHAVIOUR TOWARDS STAFF

Our service supports the government's campaign to stop violence against NHS staff. Wilful, violent behaviour towards staff or premises will be reported to the police and will be dealt in accordance with trust policy