



<p>If you require translation services or a copy of this document in other languages, audio tape, Braille or larger print, please speak to a member of CWP staff, e-mail info@cwps.nhs.uk or write to: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>যদি আপনার ট্রান্সলেশন সার্ভিসের বা এই দলিলের কপি অন্য ভাষায়, অডিও টেইপে, ব্রেইল বা বড় ছাপায় দরকার হয় তবে অনুগ্রহ করে সিউব্রিউপি এর স্টাফদের সাথে কথা বলুন, ইমেইল করার ঠিকানা info@cwps.nhs.uk বা কমিউনিকেশন, চেশায়ার ও উইরাল পার্টনারশীপ এনএইচএস ফাউন্ডেশন ট্রাস্ট, আপটন লী, কাউন্টেস অফ চেস্টার হেলথ পার্ক, লিভারপুল রোড, চেস্টার, সিএইচ২ ১ বিকিউ ঠিকানায় লিখুন।</p>
<p>如果您需要翻譯服務或想索取這份文件的其他語文、錄音帶、凸字或大字體版本，請向我們的職員查詢。您亦可以寄電郵至 info@cwps.nhs.uk 或寄信到 Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>જો તમારે ભાષાંતર સેવાઓ અથવા આ દસ્તાવેજની બીજી ભાષાઓમાં નકલ, ઓડિયો ટેપ, બ્રેઇલ અથવા વિચિત્ર ફંટની છપાઈની જરૂર હોય, તો કૃપા કરીને સીડબ્લ્યુપી (CWP) ના કર્મચારીઓ સાથે વાત કરો, ઈમેલ કરો: info@cwps.nhs.uk અથવા આ સરનામે લખો: Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>यदि आपको अनुवाद सेवाएं या इस दस्तावेज की अन्य भाषाओं में नकल, ऑडियो टेप, ब्रेइल लीपि या विशाल आकार में छपाई की आवश्यकता हो, तब कृपया सीडब्ल्यूपी (CWP) कर्मचारियों के साथ बात कीजिये, या ईमेल कीजिये: info@cwps.nhs.uk या इस पते पर लिखिये: Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>Jeśli wymagane jest tłumaczenie lub kopia niniejszego dokumentu w innych językach, na taśmie magnetofonowej, w języku Braille'a lub dużym drukiem, prosimy o skontaktowanie się z członkiem personelu CWP (Organizacja partnerska krajowego systemu zdrowia regionów Cheshire i Wirral) lub przez pocztę elektroniczną: info@cwps.nhs.uk lub na adres: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>Os oes arnoch angen gwasanaeth cyfiethu neu gopi o'r ddogfen hon mewn ieithoedd eraill, tâp sain, Braille neu brint mawr, siaradwch ag aelod o staff CWP, e-bost info@cwps.nhs.uk neu ysgrifennwch i: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>

Community Continence & Urology Advisory Service

Advice For Patients Attending The Community Continence & Urology Service

Feedback

We welcome any suggestions you have, please send your **comments, concerns, complaints and compliments** to: **The Patient Experience Team**, Trust Board Offices, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.

For more information see www.cwps.nhs.uk

© CWP NHS Foundation Trust

The information in the leaflet was valid at the date of production **June 2018** and is due for review in **March 2020**.

Leaflet code: F-ACCUS -16-704



What you should do before you attend your appointment?

- Please check that the date, time and clinic location on your appointment letter is suitable (we offer morning and afternoon clinics in various locations which may be more convenient to you)
- If you would prefer to change your appointment please phone our administration team on 0151 347 4207 to discuss and re arrange as soon as possible.
- You may wish to ask a carer or family member to attend clinic with you
- If English is not your preferred language and you need an interpreter please phone our administration team on 0151 347 4207

What should I do on the day of the appointment?

Please bring the following if requested on your appointment letter

- Completed bladder and bowel chart (If enclosed)
- Sample of urine
- List of your medicines

What will happen at my clinic appointment?

- You will be seen by a specialist nurse or specialist physiotherapist who will ask you questions about your bladder or bowel problems
- You may be asked to have some simple bladder test in clinic we will discuss the tests with you and ask for your permission to proceed
- A chaperone can be arranged with prior notice should you request one
- You will be offered advice, treatments and an agreed plan of care to help improve your bladder or bowel problems
- In some clinics a Student Nurse may be in attendance for training purposes.

The Clinics are held at the following locations:

Hope Farm Clinic
Hope Farm Road
Ellesmere Port
CH66 2RQ

Fountains Health Centre
Delamere Street
Chester
CH1 4DS

Princeway Medical Centre
2 Princeway
Frodsham
WA6 6RX

Ellesmere Port Hospital
114 Chester Road
Ellesmere Port
CH65 6SG

Lache Health Centre
Hawthorn Road
Lache
Chester
CH4 8HX

The Continence Advisory Service is available Mon-Fri
(8.30am – 4.30pm) – (excluding bank holidays)

Nurse advisors - Telephone: 0151 347 4217
Email: eph.continence@nhs.net

People who access our service are welcome to talk to the
Team manager if they are experiencing problems with their care