



People who access our services are welcome to talk to the Team Manager if they are experiencing any problems with their care.

<p>If you require translation services or a copy of this document in other languages, audio tape, Braille or larger print, please speak to a member of CWP staff, e-mail info@cwps.nhs.uk or write to: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>যদি আপনার ট্রান্সলেশন সার্ভিসের বা এই দলিলের কপি অন্য ভাষায়, অডিও টেপে, ব্রেইল বা বড় ছাপায় দরকার হয় তবে অনুগ্রহ করে সিডব্লিউপি এর স্টাফদের সাথে কথা বলুন, ইমেইল করার ঠিকানা info@cwps.nhs.uk বা কমিউনিকেশন, চেশায়ার ও উইরাল পার্টনারশীপ এনএইচএস ফাউন্ডেশন ট্রাস্ট, আপটন লী, কাউন্টেস অফ চেস্টার হেলথ পার্ক, লিভারপুল রোড, চেস্টার, সিএইচ২ ১ বিকিউ ঠিকানায় লিখুন।</p>
<p>如果您需要翻譯服務或想索取這份文件的其他語文、錄音帶、凸字或大字體版本，請向我們的職員查詢。您亦可以寄電郵至 info@cwps.nhs.uk 或寄信到 Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>જો તમારે ભાષાંતર સેવાઓ અથવા આ દસ્તાવેજની કોપી અન્ય ભાષાઓમાં નકલ, ઓડિયો ટેપ, બ્રેઇલ અથવા વિશાળ કદની છપાઈની જરૂર હોય, તો કૃપા કરીને સીડબ્લ્યુપી (CWP) ના કર્મચારીઓ સાથે વાત કરો, ઈમેલ કરો: info@cwps.nhs.uk અથવા આ સરનામે લખો: Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>यदि आपको अनुवाद सेवाएं या इस दस्तावेज की अन्य भाषाओं में नकल, ऑडियो टेप, ब्रेइल लिपि या विशाल आकार में छपाई की आवश्यकता हो, तब कृपया सीडब्ल्यूपी (CWP) कर्मचारीयों के साथ बात कीजिये, या ईमेल कीजिये: info@cwps.nhs.uk या इस पते पर लिखिये: Communication, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>Jeśli wymagane jest tłumaczenie lub kopia niniejszego dokumentu w innych językach, na taśmie magnetofonowej, w języku Braille'a lub dużym drukiem, prosimy o skontaktowanie się z członkiem personelu CWP (Organizacja partnerska krajowego systemu zdrowia regionów Cheshire i Wirral) lub przez pocztę elektroniczną: info@cwps.nhs.uk lub na adres: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>
<p>Os oes arnoch angen gwasanaeth cyfiethu neu gopi o'r ddogfen hon mewn ieithoedd eraill, tâp sain, Braille neu brint mawr, siaradwch ag aelod o staff CWP, e-bost info@cwps.nhs.uk neu ysgrifennwch i: Communications, Cheshire and Wirral Partnership NHS Foundation Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.</p>

Caring for your Intravenous Therapy Device
PICC line

Information Leaflet for Patients
in the Community

Feedback

We welcome any suggestions you have, please send your **comments, concerns and compliments** to: **PALS, Patient and Carer Experience Team**, Trust Headquarters, Redesmere, Countess of Chester Health Park, Liverpool Road, Chester CH2 1BQ.

For more information see www.cwp.nhs.uk

© CWP NHS Foundation Trust

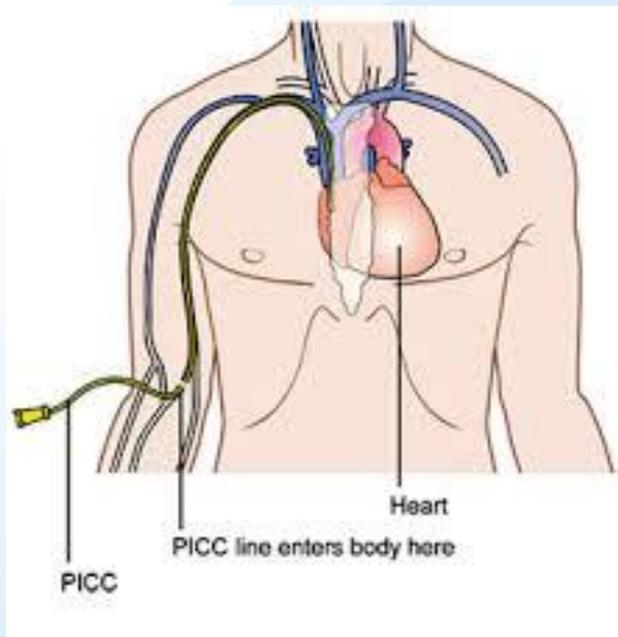
The information in the leaflet was valid at the date of production **Oct 16** and is due for review in **Oct 18**.

Leaflet code: A-PCITB-16-717

What is a PICC?

A PICC is a peripherally inserted central catheter. It is a thin flexible tube that is inserted into a vein in the upper arm. The PICC is then threaded along the vein so that the tip lies in one of the large veins in the chest allowing medicines to be given through it.

The illustration below shows the PICC line, and where it enters the vein at the inside of the upper arm.



Who will care for it?

While you are in hospital, the nursing staff will have been looking after your PICC. This would have involved

- Cleaning the exit site and applying a new dressing weekly
- Flushing the line weekly to prevent blocking when it is not in use

Now you are at home

The nurse in charge of your care will call at your home to flush your line. They will be experienced in how to care for your PICC and will have the equipment needed for the first flush. You may still need to receive medication through your PICC line once you are at home.

Storage of Medicines at Home

If possible, please would you provide a lidded plastic box to store your medicines or equipment safely.

Infection Control - Hygiene at Home

Please would you provide liquid soap and hand washing facilities with paper towels/ kitchen roll for the nurse to use.

How will I know if something is wrong?

Sometimes problems can occur while you have a PICC line. If you suspect something is wrong, or if you have any of the following, contact Community Care Team (CCT) or Out of Hours (OOH)

- If you have a temperature above 37.5c, fever, chills or feel generally unwell. This could be the beginning of an infection
- Oozing from around the line
- Cracks or leaks in the line
- Pain, redness or swelling around the site, in your neck or arm – this could be a sign that the line tip has moved and a blood clot has formed in one of the veins
- If your PICC line becomes dislodged
- If dressings become loose or detached

Frequently asked questions

Can I have a bath or a shower and swim?

As a general rule, we encourage people with PICCs to take a shower rather than a bath because of the risk of infection if the PICC is submerged in bathwater. Avoid swimming.

Can I lead a normal social life?

Having a PICC in place should not interfere with your social life. However, having treatment may mean that you do not feel like certain social activities immediately after treatment or if your blood counts are low. Your nurse or doctor will give you more specific information.

Can I play sports?

Sports such as tennis and golf or vigorous gym exercises are discouraged. There is a risk that your PICC could become dislodged because of excessive upper body movement. However, there are many other pursuits which are acceptable. If in doubt ask you nurse or doctor.

Useful telephone numbers

..... CCT

8am to 5pm Tel:

Out of Hours District Nurses Tel: 01244 385306