




My Health Action Plan

(Child & Young Persons Version)



**This belongs to me.
Please return it to me after you have looked at it.**

My Health Action Plan

Name		Date of Birth	
Address			

My health need	Health Action to be taken	Who will help me?	When we will check it is done

For further information on completing this document, please contact a member of the LD/CAMHS Team.

The Cheshire & Wirral Partnership Foundation Trust LD/CAMHS Services are

Cheshire Central (South Cheshire & Vale Royal)

Address: Mill St Clinic, Mill St, Crewe, Cheshire CW2 7AR

Tel: 01270 848030

Cheshire East

Address: Elm House, Rosemount, Chester Road, Macclesfield, Cheshire, SK11 8QA

Tel: 01625 661475

Cheshire West

Address: 1st Floor County Offices, Stanney Lane, Ellesmere Port, Cheshire, CH65 6QL

Tel: 0151 337 6317

For more information see www.cwp.nhs.uk.

© CWP NHS FoundationTrust

The information in this leaflet was valid at the date of production **October 2017** and is due for review in **October 2019**.

Leaflet code: [E-MHAPCYPV-10-372](#)