

What will happen after the assessment?

The speech and language therapist may work with you and your family or staff to make swallowing food and drink easier.

They may ask you to try

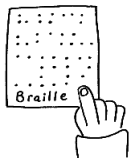
- Softer foods
- Thickener
- Eating slowly



Swallowing Assessment



This leaflet is available in other languages or formats



For more information see www.cwp.nhs.uk.

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Supporting you to eat and drink safely.

What is a dysphagia assessment?

Speech and language therapists help people with their swallowing.

Dysphagia is when people have difficulty eating or drinking.



Speech and language therapists work with people with learning disabilities, their families and staff.

Where will I have the assessment?

The speech and language therapist will come and see you at



- Your house
- College
- Your day service



What will happen at the assessment?

The speech and language therapist will watch you eat and drink.



They may also listen to you swallow.



The speech and language therapist may want to feel you swallow.



You can have someone from your family or your staff with you at the assessment.



The speech and language therapist will talk to you. They may talk to your family or your staff about your eating and drinking.